

When does the program year start?

Inflow's Go365 program year begins March 1st and goes through February 28th of the following year.

How do I save money on my medical benefits?

In order to receive 7% off, you'll have to reach Silver Status. For an example of how to quickly reach silver status, see Getting to Silver in 5 Steps.

Can I still participate in Go365 if I only opted for Dental or Vision?

No. Go365 is a program only accessible to those with Humana's Medical benefits.

I've reached silver status. Will I start seeing the savings automatically on my paycheck?

You will need to contact accounting@inflow-ns.com when you've reached silver. Our accounting team will insert the price deduction in your paycheck. Keep in mind, there may be a 45 - 90 day delay in this. However, those months will carry-over to the new year, so you won't lose on any savings.

How do I access the Go365 portal?

There are two ways to access the portal:

- Download the Go365 mobile app
- Go to go365.com and login

Why is the portal not showing the points I've earned?

Go365 collects all points accrued on the 15th of each month. Be patient, as there is sometimes a delay in showing the points you've earned for the month.

My spouse is also on Humana Medical. Can they participate in Go365 too?

Yes! Even better, you and your spouse can both earn points for the same activities. If you both do the health assessment, biometric screening, and log your workouts, you'll effectively get double the points!

How many points do I need to earn to reach silver?

If you're the only individual on the program, you will only need 5,000 points. For every additional adult (18+) on the program, you'll have to acquire 3,000 more points / adult. Note: adult children can only move a family to bronze status by logging a workout and cannot earn points by doing the health assessment or the biometric screening.

What happens when the program year resets?

At the start of each program year (March 1st), everyone's status will reset back to blue status. With the reset, you'll maintain 10% of your points and 100% of your bucks. Additionally, any months of savings you accrued from the previous year will carry-over.

Points needed to move up in Status

